

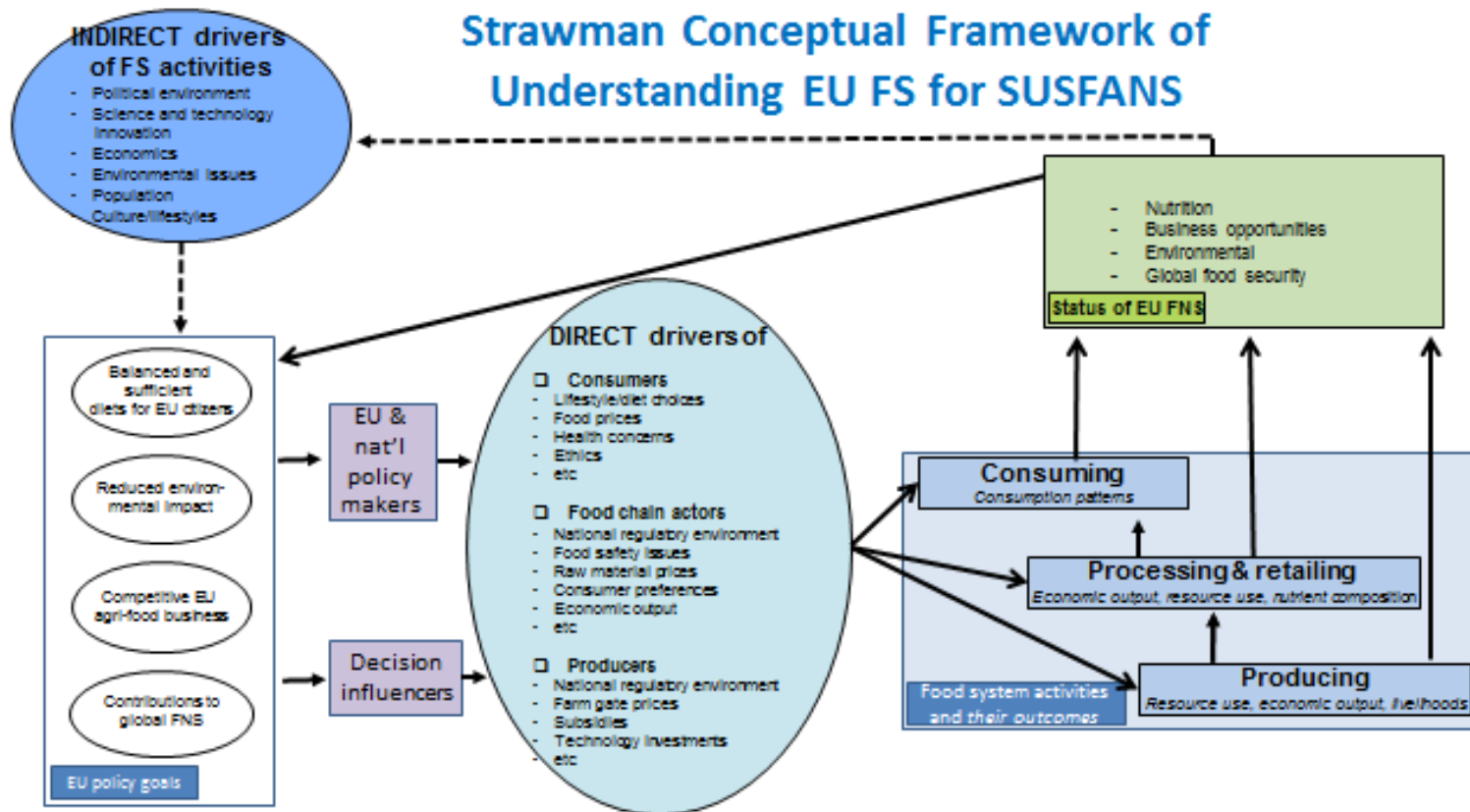


SUSFANS Case studies

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Strawman Conceptual Framework of Understanding EU FS for SUSFANS





SUSFANS Case studies – WHY?

- ❖ As a tool to explore bringing together metrics, modelling and innovations within a scenario framework
- ❖ As an exercise to find out which innovative sustainability pathways can contribute to future FNS in the EU
- ❖ As a test for the SUSFANS methods



SUSFANS Case studies

- ❖ Livestock-fish that addresses the supply chain of livestock and fish from a producer's perspective
- ❖ Fruit-vegetables that addresses the supply chain from a consumer's perspective

Case study: Livestock - Fish

- ❖ Rich sources of nutrients: protein, fat, including saturated fat, iron, zinc, selenium, vit A, vit B12, vit D
- ❖ Daily consumption in EU: 61 g protein from Animal Source Food (ASF) per person per day
- ❖ Health issues: heart diseases, cancer
- ❖ Environmental issues: Production ASF results in 14.5% GHG
- ❖ 70% agricultural land use



Case study: Livestock – Fish

How to reduce consumption of Animal Source Food?

- ❖ Which ASF products should we reduce? Which FNS issue are of most importance?
- ❖ Protein, iron,
- ❖ Which environmental issues are of concern?
- ❖ Climate change, water use, feed-food competition,
- ❖ Which innovations contribute to FNS and reduce environmental impact?
- ❖ Bio-fortification, replacing meat by fish, insects,

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Case study: Fruit & Vegetables

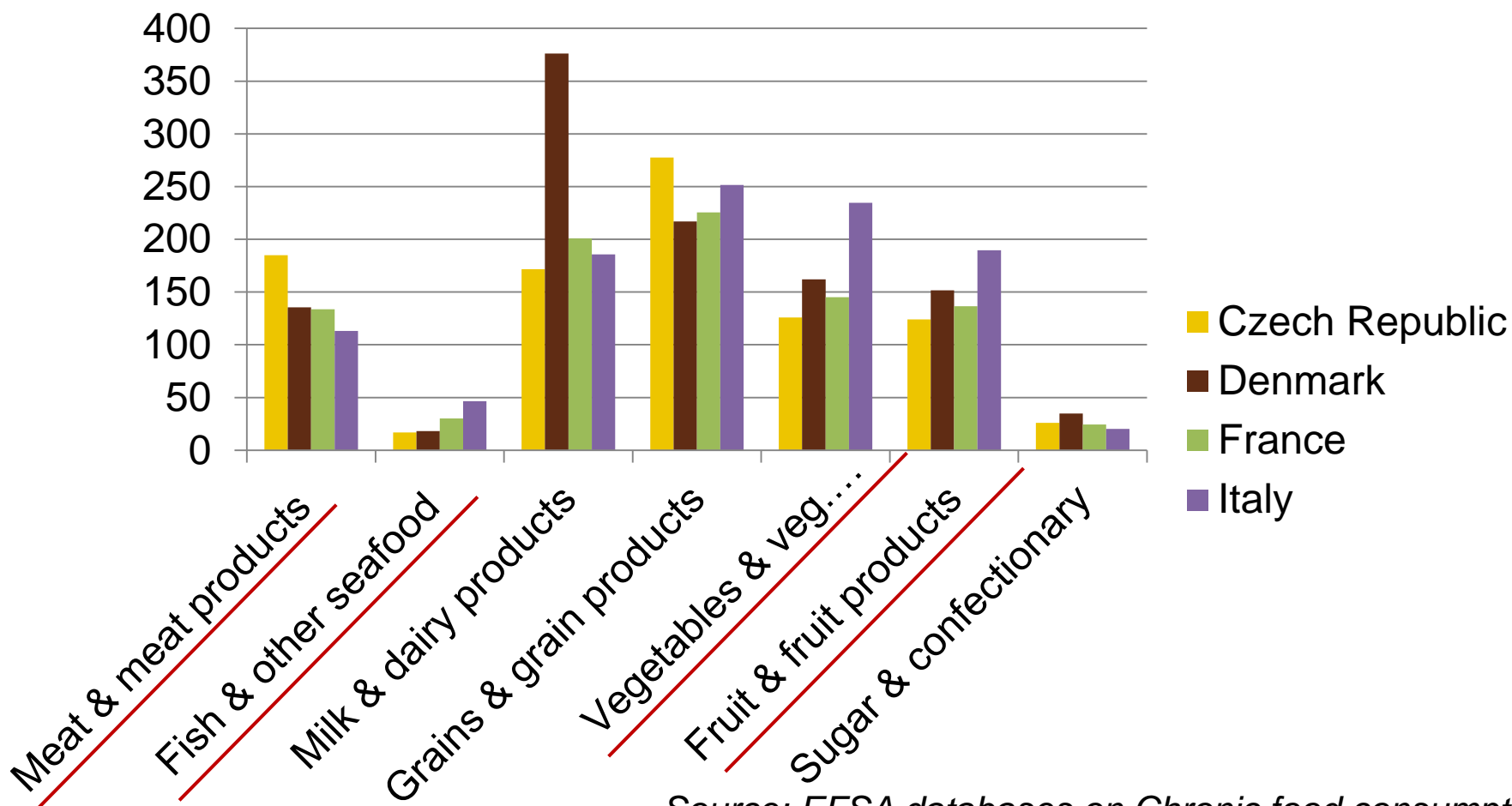
- ❖ Rich sources of nutrients: dietary fibre, vitamins, bioactive substances
- ❖ Nutrient dense (nutrients / energy content)
- ❖ Daily consumption in EU: less than the guidelines suggest
- ❖ Health issues: overweight/obesity, heart diseases, cancer, diabetes

Case study: Fruit & Vegetables

How to increase consumption?

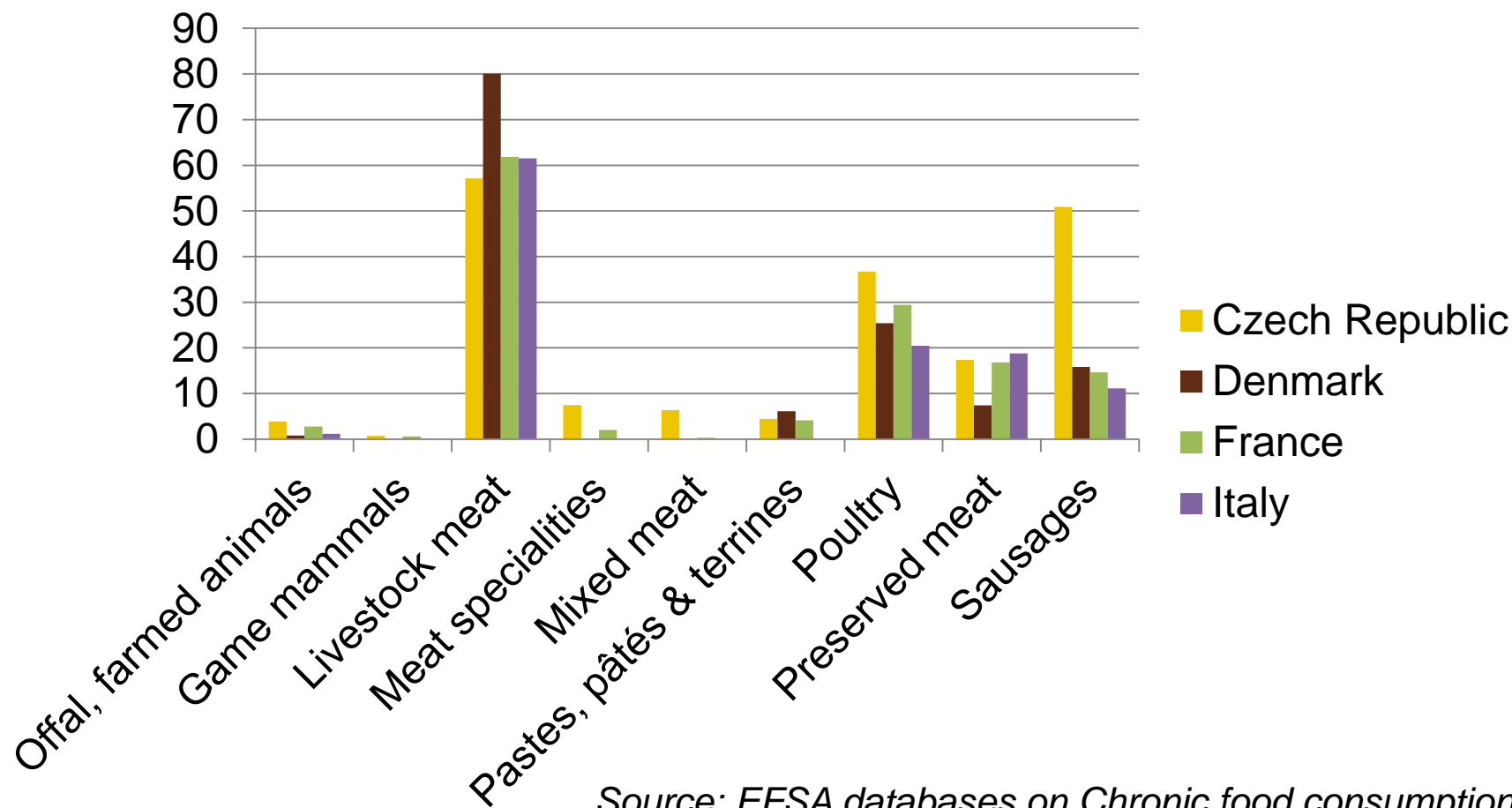
- ❖ Which F&V products should we increase? Which FNS issue are of most importance?
- ❖ Dietary fibre, vitamins, bioactive substances
- ❖ Which environmental issues are of concern?
- ❖ Water use,
- ❖ Which innovations contribute to FNS and reduce environmental impact?
- ❖ Processing, replacements

Average consumption of selected foods in some EU countries (g/day/adult)



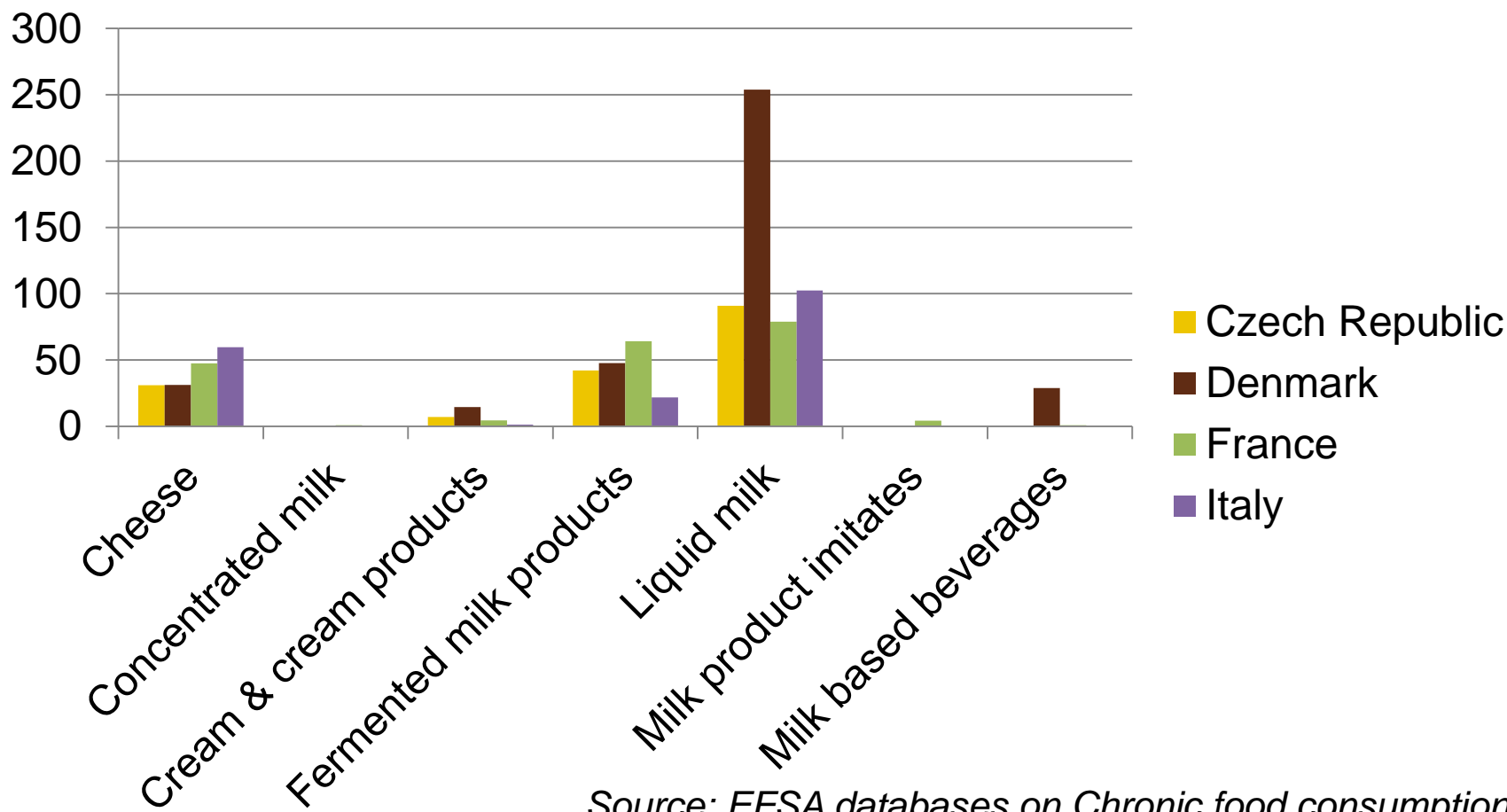
Source: EFSA databases on Chronic food consumption

Consumption of meat & meat products (g/day/adult)



Source: EFSA databases on Chronic food consumption

Consumption of milk & milk products (g/day/adult)



Source: EFSA databases on Chronic food consumption

Average consumption of vegetable & fruit in some EU countries (g/day/adult)

Guidelines: 500 or 600 g/d/adult



Source: EFSA databases on Chronic food consumption

Questions to be addressed:

- ❖ Which F&NS issues are of interest in relation to the two case studies?
- ❖ Which environmental issues are of interest in relation to the production of livestock-fish?
- ❖ Which environmental issues are of interest in relation to the consumption of fruit-vegetables?
- ❖ Which innovative pathways could you suggest to reduce/increase consumption and to overcome the issues?
- ❖ Which time lines and other barriers do you envisage in the innovative pathways suggested?
- ❖ How would you prioritize the innovative pathways in a long-term sustainable perspective or can we make smart packages of potential innovations?



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